

Tuesday is

**PRICE\$
DAY**

CANNED SALMON

Canned salmon is a convenient, ready-to-use product made from cooked salmon that has been deboned, skinned, and preserved in a can with a tight seal. Highly versatile, this shelf-stable food retains essential nutrients like omega-3 fatty acids, protein, and vitamin D, making it an excellent addition to a healthy diet. Canned salmon can be used in various recipes such as salads, sandwiches, casseroles, and even homemade sushi rolls. With a long shelf life and relatively affordable price, it's an ideal staple to keep in your pantry for quick and nutritious meals.

Condensed milk is a price controlled good and retails as follows:

Item	Size	Price
Brunswick Pink Salmon	5oz	\$7.96
Bumble Bee Pink Salmon	7oz	\$15.49
Valrico Pink Salmon	7.5oz	\$13.52
Bumble Bee Pink Salmon	14oz	\$22.74
Valrico Pink Salmon	14.75oz	\$20.10

**For more information on price control goods contact
Prices and Consumer Affairs Division
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