



**FEATURED
PRICE CONTROLLED
GOOD**

CASHEW NUT



Tuesday is
**PRICES
DAY**

Cashews are a type of seed with a soft consistency and a sweet flavour. They can be a good source of protein, minerals and nutrients such as copper, magnesium, and phosphorous and can make a healthy snack (medicalnewstoday).

Cashew nut is a price controlled good and retails as follows:

Item	Size	Price	Item	Size	Price
Holiday Foods Cashew Nuts	28g	\$3.55	Holiday Foods Cashew Nuts	95g	\$7.38
Sunshine Cashew Nuts	32g	\$3.22	Sunshine Cashew Nuts	95g	\$9.64
Sunshine Cashew Nuts	50g	\$4.82			

**For more information on price controlled goods contact
Prices and Consumer Affairs Division
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