



Tuesday is

**PRICES
DAY**

Black-eyed Peas

There are good reasons to include black-eyed peas in meals. Black-eyed peas are an affordable source of plant-based protein and an excellent source of fiber. Like other beans, black-eyed peas are an excellent source of magnesium, which plays a role in over 300 biochemical reactions in the body, including energy production, muscle and nerve function, blood sugar control, and blood pressure management (consumerreports).

Black-eyed peas is a price controlled good, and retails as follows:

Item	Size	Price
Alberto Black-eyed Peas	0.75lb	\$7.90
Peak Black-eyed Peas	1lb	\$6.65
Celia Black-eyed Peas	1lb	\$7.80
Goya Black-eyed Peas	1lb	\$8.20



**For more information on price control goods contact
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