

24th June 2025

Peanut Butter

Tips to consider when purchasing peanut butter:

1. Look at the nutrition label-Fat profile, sugar content, protein and sodium.
2. Consider texture- Creamy/Smooth: Easier to spread, preferred for sandwiches and baking. Chunky/Crunchy: Contains peanut pieces- good for texture lovers and toppings.
3. Organic vs Non-organic-Organic peanut butter is made from peanuts grown with synthetic pesticides or fertilizers.

Item	Size	Retail Price
Libby's Creamy Peanut Butter	8oz	\$15.13
Valrico Creamy Peanut Butter	8oz	\$8.07
Valrico Creamy Peanut Butter	12oz	\$10.36
Valrico Creamy Peanut Butter	16oz	\$13.19
Country Barn Creamy Peanut Butter	16oz	\$10.91
Country Barn Crunchy Peanut Butter	16oz	\$10.91
Swiss Creamy Peanut Butter	17oz	\$15.09
Swiss Crunchy Peanut Butter	17oz	\$14.50