

Back 2 School

Price\$
Weekend
Special
29 August 2025



Fruits & Water

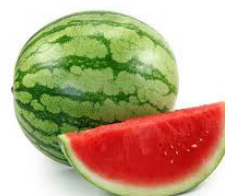


FRUITS

Epicurean	Size	Retail Price
Food Club Mandarin Orange	16oz	\$16.85
I G A Mixed Fruits	16oz	\$14.55
Delmonte Diced Peaches	16oz	\$17.79
Dole Cherry Mixed Fruits	16oz	\$17.35
I G A Original Apple Sauce	24oz	\$11.75
Motts Apple Sauce	24oz	\$18.35
Food Club Apple Sauce	24oz	\$11.55
Gala Apple	Each	\$1.25
Kiwi	Each	\$3.95
Oranges	Each	\$4.50
Cactus Pears	1lb	\$14.95
Plumbs	1lb	\$8.95
Grapes Seedless	1lb	\$14.50
White Grapes	1lb	\$19.50
Bananas	1lb	\$2.25

Chase	Size	Retail Price
Libby's Pineapple	4pk	\$18.25
Dole	4pk	\$18.05
Motts Apple Sauce	6pk	\$18.30
Essential Apple Sauce	6pk	\$15.55
Indian Summer Apple Sauce	4pk	\$11.90
Water Mellon	1lb	\$3.65
Apple Green	Each	\$3.05
Apple Red	Each	\$2.70
Apple Gold	Each	\$3.30
Gala Apple	Each	\$0.99
Pear	3pk	\$8.90
Peach	3pk	\$11.90
Blueberry	1pk	\$15.15
Pineapple	1lb	\$7.60

Perry Bay	Size	Retail Price
Red Apple	Each	\$1.25
Dole Tropical Fruit Bowl	113g	\$17.15
Oranges	Each	\$4.25
Mellons	1lb	\$3.25
Apples	Each	\$1.25
Seedless Grape	1lb	\$14.95
Pears	1lb	\$9.25
Plums	1lb	\$9.95
Yao Fruit Yogurt	5oz	\$3.39
La Yogurt Probiotic	6oz	\$4.15
Grapes Red Seedless	8oz	\$20.95



XPZ	Size	Retail Price
Pear	Each	\$3.75
Apples	Small	\$1.25
Dole Fruit Cup	4oz	\$3.78
Motts Apple Sauce	3.9oz	\$2.39

Little Canton	Size	Retail Price
Orange	1lb	\$8.06
Water Mellon	1lb	\$3.55
Grape	1lb	\$16.63
Red Apple	Each	\$2.39
Golden Apple	Each	\$2.80
Gala Apple	Each	\$1.32
Cantelope	1lb	\$6.78
Pineapple	1lb	\$15.70

NOTE: Fruits, whether fresh, frozen, or chilled, as well as fruits and nuts listed under the Price Control Order, are subject to price regulation.

First Choice Foods	Size	Retail Price
Dole Fruit Cup	4pk	\$17.70
Essential Fruit Cup	4pk	\$15.75
Best Choice	4pk	\$14.95
Snack Pack Pudding	4pk	\$8.60
Snack Pack Jello	4pk	\$8.60
Best Choice Pudding	4pk	\$7.90
Best Choice Apple Sauce	4pk	\$14.30
Strawberries	1pk	\$25.50
Red Grapes	1lb	\$15.95
Water Mellon	1lb	\$5.95
Black Seedless Grapes	1lb	\$17.00
Cantelope	1lb	\$8.00
Honey Dew Mellon	1lb	\$10.00
Gala	Each	\$1.15
Plums	1lb	\$10.50
Kiwi	Each	\$2.95
Peach	1lb	\$11.10
Pineapple	1lb	\$7.25
Golden Apple	1lb	\$7.85
Red Apples	1lb	\$6.50
Pear	Each	\$4.10



WATER

Epicurean

Size	Retail Price
Oasis Water 350ml	\$1.35
Paradiso Water 385ml	\$1.25
Blue Water 410ml	\$1.40

Chase

Size	Retail Price
Paradiso Water 8oz	\$1.30
Dasani Water 500ml	\$2.45
Blue Water 410ml	\$1.45
Oasis Water 350ml	\$1.40
Paradiso Water 13oz	\$1.30
Oasis Water 650ml	\$1.65
Blue Water 410ml	\$1.70
Paradiso Water 20oz	\$1.50

Perry Bay

Size	Retail Price
Epicurean Water 400ml	\$1.30
Carib Blue Water 400ml	\$1.30

XPZ

Size	Retail Price
Blue Water 410ml	\$1.37
Oasis Water 350ml	\$1.22
Epicurean Water 400ml	\$1.36
Gunthrops Water 350ml	\$1.15
Paradiso Water 8oz	\$1.15

Little Canton

Size	Retail Price
Oasis 350ml	\$1.35
Oasis 650ml	\$1.59

Sammy

Size	Retail Price
Oasis Purified Water 350ml	\$1.10

First Choice Foods

Size	Retail Price
Beach Island Water 350ml	\$1.15
Oasis Waterq 350ml	\$1.25
Paradiso Water 237ml	\$1.15
Paradiso Water 385ml	\$1.30



Tips for encouraging your child to drink water:

- Use bendy, silly, or coloured straws. Or let your child choose their favourite cups or water bottles.
- Use water bottles that can be carried anywhere. Refill them with water.
- Add a lemon, lime, or orange slice or fresh mint leaves to the water. Or add fruit like blueberries, raspberries, or strawberries.
- Give your child water with ice cubes or crushed ice. Look for ice cube trays in shapes like dinosaurs, letters, or animals.
- Be a good role model for your child. Drink water instead of drinks that have sugar. (headstart.gov/publication/encouraging-your-child-drink-water).

LOOK OUT For Our Next Weekend Special

Breakfast & Lunch

5 September 2025

